



PV Kids News

Inside this issue:

PVP Land Conservancy	3
Marine Mammal Care Center	4
Audubon Society	5
PTA Greens Our Schools	6
Profile: Gail Phinney	7
Profile: Kiersten Darrow	8
Profile: Barbara Cambilargiu	9
Bar Codes	10
Rappelling	10
PV Art Center	10
Back to School Fashion	11
7-Eleven Serves It Up	11
The Olympian Book Review	12
Little House in the Big Woods	12
Beezus & Ramona book	13
Ramona & Beezus movie	13
Holes Book Review	13
Alice in Wonderland movie	14
How to Train Your Dragon	14
The Hobbit on DVD	14
Super Mario Galaxy 2	15
Super Smash Bros. Brawl	15
Mario Kart Wii	15
PressFriends	20

Science Rocks at the Cabrillo Marine Aquarium

By PV Kids News reporters

One of the best things about summer is going to the ocean. But we all have to do our part to help keep it clean and keep the waters healthy for the marine life in it. We spoke to Dr. Kiersten Darrow, Research Director of the Cabrillo Marine Aquarium, to find out what some of the problems are and what we can do to help preserve our local coast and sea life.

PV Kids News: How did pollution start in the ocean?
Dr. Darrow: Pollution is a manmade product so as soon as man or humans are able to make products and drop them on the ground, we've had that problem. It's gotten really bad since the 1950s, because that's when plastic was invented and used by everyone. Plastic is



Continued on page 16

Touchdown! Pen High Football Coach Kevin Moen

By PV Kids News reporters



In 1982, Kevin Moen scored one of the most memorable touchdowns in college football history. In the last four seconds of the game, he ran between Stanford band members to win the game for UC Berkeley.

Mr. Moen has a successful real estate business in Palos Verdes, and Peninsula High is lucky to have him coach the Pen High football team!

PV Kids News: Did you play sports when you were a kid?

Mr. Moen: I did, all the way from when I was a kid until now. I still play sports—tennis, golf, football, baseball. Anything that keeps you active and moving, I love to do. Now I like to bike ride and ski, too.

Continued on page 17

PV Kids News Summer 2010 Reporters



Ashley



Chloe



Claire



Elijah



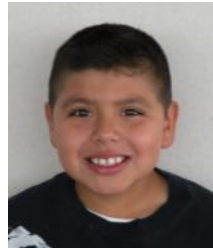
Faith



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Jason



Joshua



Kylee



Lucas



Maeva



Marcus



Mary



Naoya



Rachel



Spencer

PressFriends Editorial Advisory Board



Luke



Tessa



Mira



Alison



Anna



Taylor



Sarah



R.J.



Vivienne



Elisabeth



Tyler



PVLD Advisor
Mr. Barb

Preserving the Palos Verdes Peninsula

By Lucas, Elijah, Chloe, Kylee, Ashley, and Rachel

One of the best things you get to do in third grade in Palos Verdes is to go on a nature hike led by a Palos Verdes Peninsula Land Conservancy (PVPLC) docent. We found out that PVPLC does a lot more than take kids on nature hikes when we interviewed Adrienne Bosler of the PVPLC.

PV Kids News: Why does PVPLC want to protect nature?

Ms. Bosler: It is PVPLC's motto to "Preserve land and restore habitat for the enjoyment and education of all". Our vision is to create and manage large blocks of natural open space where visitors may enjoy peaceful solitude, where children and adults can learn about the natural environment, and where locally native plants and animals will exist in a secure environment.

PV Kids News: How does PVPLC choose the areas of PV that it wants to protect?

Ms. Bosler: PVPLC works cooperatively with cities (like Rancho Palos Verdes and San Pedro), property

owners and environmental groups to acquire land from willing sellers. Just recently, the Conservancy raised several million dollars to purchase our newest piece of open space called Upper Filiorum. There is not much open space left on the peninsula that is not under the PVPLC's management.

PV Kids News: Why does PVPLC have a nursery?

Ms. Bosler: A part of our mission is to restore native habitat for wildlife. Our native plant nursery allows us to grow plants from seeds collected here on the peninsula, keeping the genetics local to the area. Having our own nursery is also important because 1) it is cheaper than buying plants from other nurseries and 2) we can insure that the plants we are using for restoration are meant to be planted here on the peninsula.

PV Kids News: What type of trees should people plant?

Ms. Bosler: For home gardens, people should plant native trees. Native trees, like sycamores, toyons, Mexican elderberries, coast live oaks, white alders help support native birds and bugs.

PV Kids News: Is it important to plant trees since they help you breathe?

Ms. Bosler: It is true that trees help people breathe by providing oxygen. And with so much deforestation happening around the world, it is a great idea to keep planting more trees. But there are other benefits to planting native trees. An entire ecosystem exists in just one tree—local animals have adapted to



Adrienne Bosler at the White Point Nature Reserve

eat the fruits and berries of these trees, and birds build nests in their branches using the tree's material as well as forage for food in the leaf litter under the trees.

PV Kids News: Is there a way to dispose of trash other than having landfills?

Ms. Bosler: Composting is growing in popularity in some households. This is a way to recycle left-over food scraps instead of throwing them into the trash can. Food scraps are added to the composting bins placed outside (like in a garden) and decompose over time into nutrient-rich fertilizer that can be added to vegetables, flowers, or plants around the house. And of course, recycling cans, bottles, and paper products help reduce the amount of garbage that goes to landfills.

PV Kids News: What can kids do to help nature?

Ms. Bosler: The best way to help nature is to experience and understand how the earth works. Learn about all the wonderful things you can find in the open spaces around



Sycamore Tree

Continued on page 18

Taking Care of Mammals Every Day

By Jason, Marcus, Naoya, Clair, and Faith

One of the best places to visit is the Marine Mammal Care Center in San Pedro. The center is open from 10 am to 4 pm daily, and you can see lots of seals and sea lions and find out more about marine mammals along the California coast. We interviewed Jill Romano from the Marine Mammal Care Center.

PV Kids News: What kinds of marine mammals does the Marine Mammal Care Center take care of?

Ms. Romano: Northern elephant seals, California sea lions, and Harbor seals.

PV Kids News: How does the Marine Mammal Care Center find sick or hurt marine mammals?

Ms. Romano: Sick or injured animals are called in to various rescue teams throughout LA County. These rescue teams pick up the animals and deliver them here, similar to an ambulance delivering a human patient to a hospital.

PV Kids News: How long do the marine mammals stay in the Marine Mammal Care Center?

Ms. Romano: It really depends on their particular injury, an average stay can be anywhere from 3-8 weeks.

PV Kids News: Do you ever get marine mammals that are hurt or sick due to pollution?

Ms. Romano: Yes, we do. This is typically called “human interaction.” We see many animals that have been entangled in fishing lines or that have ingested plastics and other items (even balloons).

PV Kids News: How many sick or hurt marine mammals do you generally find in one month?

Ms. Romano: It really depends on the time of year—spring and the beginning of summer are our busiest times since this is pupping season. We can get several hundred animals over the summer months, but this tends to die down come fall and winter. This year was one of our busiest so far and we have already seen over 500 animals.

PV Kids News: What do you do to help sick or injured marine mammals? Do you give them medicine?

Ms. Romano: We do give our patients medicine, because we are a



Jill Romano and friend

Continued on page 18

Marine Mammal Care Center Wish List

Animal Care Items:

- Light Corn Syrup (w/out sucralose)
- Liquid hand soap
- Fish Oil Vitamins
- Liquid Dish Soap
- Cleanser (Comet, Ajax, etc...)
- Powder Laundry Detergent
- Household Bleach
- Paper Towels/Toilet Paper
- Tupperware (all sizes)
- Tissues
- Large Plastic Trash Cans w/ Lids
- Heavy Duty 45 Gallon Trash Bags

- Pet-kennel (48x32x35)
- Safflower Oil w/ Vitamin E

Office:

- Recycled Copier Paper (8.5 x 11)
- Regular staples, scotch tape
- Avery Labels (5160-5660-5261-8167)
- Gift Cards: Staples, Best Buy, etc...
- Manila file folders w/ 2 prong clips
- Medical:
- 12cc Syringes
- Latex Gloves (Small/Medium)
- Vinyl Gloves (Small/Medium)

Tools:

- Good Year low profile hose nozzles
- 20ft. heavy duty hose
- Table saw
- Sand paper
- Male & Female hose repair kits

Education/Outreach:

- Michael's Crafts Gift Cards
- Gasoline Gift Cards

- Volunteer:** Bottled Water and Sports Drinks; Healthy Snacks

Audubon Society Looks Out for Birds and our Environment

By Joshua, Spencer, Mary, Maeva, and Gabriela

Did you know that the Audubon Society has been around for over 100 years to protect birds? We wanted to find out more about the birds in the Gulf region and how the BP oil spill has affected them. *PV Kids News* interviewed Florence Miller of the National Audubon Society.

PV Kids News: What kinds (species) of birds does the Audubon Society clean in the big oil spill in the Gulf?

Ms. Miller: Audubon does not itself clean birds. With help from our volunteers, we are assisting in the transportation of oiled birds. Most of these are picked up off the coast of Louisiana by Federal or State biologists. They arrive at docks, where Audubon volunteers are stationed to help transport the birds on land. They're taken to the Oiled Wildlife Rehabilitation Center in Hammond, Louisiana. About 20 different species are being taken to the center, including Brown Pelicans, Laughing Gulls, Least Terns, Royal Terns, Common Terns, Roseate Spoonbills, White Ibis, Glossy Ibis, Great Egrets, Least Bitterns, Sanderlings, and American Oystercatchers.

PV Kids News: How are the birds cleaned?

Ms. Miller: As we said, Audubon itself does not clean birds. But at the rehabilitation centers where bird cleaning takes place, here's what happens. Only people trained in dealing with hazardous materials can clean oiled birds. So the first thing a trained worker will do is put on protective gear, from head to toe. Then she or he will massage warm vegetable oil into the bird's feathers to loosen the oil. Many are then put

under a heat lamp to keep them warm – the oil reduces the insulating effect of the bird's feathers, so it can quickly get hypothermia if it's not kept warm. After the vegetable oil, the bird is put into a sink filled with dishwashing soap, and the workers scrub its feathers gently, using a toothbrush around its eyes and head, until the oil is gone. The whole process takes around an hour per bird.

PV Kids News: Does cleaning hurt the birds?

Ms. Miller: Cleaning CAN hurt birds – that's another reason why it can only be done by trained workers – but if it is done properly, the physical stress to birds is minimal. Every precaution is taken to make sure that they are physically cared for during the cleaning process. The birds often struggle when they're being cleaned, but we think that's mostly because they're not used to be handled by people and are scared. Eventually they settle down and let the workers get on with cleaning them. Interestingly, different species react differently. Brown Pelicans tend to be sweet-tempered and calm; Gannets sometimes bite!

PV Kids News: How many birds has the Audubon Society helped in the oil spill?

Ms. Miller: Between Audubon staff and volunteers, we've helped hundreds of birds through our emer-

gency response. But in the long term, our goal is to help entire populations of birds by making sure they have healthy habitats to come home to once the oil has dispersed. We're looking to help generations of birds, setting them on a course for a healthier future.

PV Kids News: How many birds have been affected so far by the oil spill?

Ms. Miller: Thousands of birds have died and been injured by the spill. It's hard to know exactly what the number is, since only a fraction of dead and injured birds are found or rescued. Many of the dead birds sink or die in marshes where no one finds them, so it's very hard to get an accurate count. It will take a year or more to get a stronger idea of the impact of the spill on birds like the Brown

Pelican. For some migratory species, we may never know.

PV Kids News: If birds you clean aren't ready to be released, how long do you keep them? What do they eat?

Ms. Miller: The birds are kept at the rehabilitation center until they are well enough to be released – that can take up to a week or ten days. Many of the large birds like Brown Pelicans are fed fish; other birds are fed based on their natural diets.



Florence Miller and her daughter Esme

Continued on page 19

Palos Verdes Schools take a Greener Path

By Lucas, Elijah, Chloe, Kylee, Ashley, and Rachel

We spend a lot of time in school, so we wanted to find out what our schools are doing to go green. We interviewed Sharona Byrnes, who is co-chairperson of the PVP Council of PTAs Sustainability Committee, which is spearheading green programs in PVPUSD schools.

PV Kids News: Are our schools going to have composts in the future?

Ms. Byrnes: We currently have one school with composting and several others considering it. It is our plan to eventually have all schools composting. A key component is to have a plan and a use for the compost so that it doesn't create its own problem.

PV Kids News: Is there any way that we can turn off lights more?

Ms. Byrnes: The district has just hired a company called Energy Education to work with us on behavior modification throughout the district. There will be an energy education specialist working with students, teachers, staff, and parents to create new, more energy efficient habits, including turning lights off.

PV Kids News: Is there going to be a tree-planting program?

Ms. Byrnes: Yes. Plans are being drawn up for fruit tree planting at Cornerstone Elementary and Ridgecrest Intermediate schools for this school year. We plan to roll this out to as many schools as possible over the next few years.

PV Kids News: Is there anyway we can cut down on paper towels and use air dryers in the bathrooms?

Ms. Byrnes: When looking at comparing two methods of doing things, we have to take into account not only economic costs but also ecologi-

cal costs. Until we get more of our power from renewable sources, it is not clear whether paper towels or air blowers are better both economically and ecologically. We hope to find teams of students who might help us analyze both the economic and environmental costs of such ideas and to provide recommendations.

PV Kids News: How can we find ways to use less air conditioning and heating?

Ms. Byrnes: Energy Education will help us audit our current situation to gain efficiency, but ultimately we need to rethink how we build our buildings to be more efficient at utilizing natural resources. These can include everything from natural airflows to living roofs.

PV Kids News: Can we use a reusable bottle system?

Ms. Byrnes: We are open to looking at all ideas. Anyone who has an idea should present it along with both an economic and environmental analysis as well as an implementation plan. One of the biggest obstacles for getting new ideas implemented is a lack of people to analyze the proposal and plan for implementation.

PV Kids News: Can we have a program to pick up trash in our community?

Ms. Byrnes: We are very lucky to have an incredible partner in Waste Management, our trash management company. We are working closely with them to reduce the trash we generate and maximize recycling.

PV Kids News: Do the schools plan to use solar energy?



Ms. Byrnes: At this time there are no specific plans, but as we begin our planning related to facilities management we will be working to integrate solar energy sources.

PV Kids News: Can we do more to make sure the schools recycle?

Ms. Byrnes: Absolutely, there are many excellent recycling programs available. We are encouraging PTA groups and Booster Clubs to work with student leadership groups in each school to identify appropriate recycling program for that school. Great objects for recycling include batteries, eyeglasses, and other specialty items.

PV Kids News: What does the PTA plan to do to make the schools more green?

Ms. Byrnes: This year, all the PTAs are forming green teams and trying to plan Green Week. We are also looking at items like assemblies and field trips. Eventually, sustainability topics will begin to entice all facets of our schools, from the curriculum and facilities to the lunchroom. We are very excited about the opportunities that we see coming. ❖

Art Educator—Gail Phinney

By PV Kids News reporters

All the kids in Palos Verdes know about the Palos Verdes Art Center, which runs the Art at Your Fingertips projects in the elementary schools and the Artist in Residency program at the middle schools. We talked to Gail Phinney, the Director of Education for the PV Art Center to find out what it's like to be an art educator.

PV Kids News: What did you study to become an art teacher?

Ms. Phinney: I studied art history. Art history is a subject you can probably study in high school, and it's something I studied in college.

PV Kids News: Why did you want to study art history?

Ms. Phinney: Because I was fascinated with all the famous people and not so famous people that made art, and I wanted to learn more about them. I studied about artists' lives and studied about works of art they made. I also studied all the different periods of art—people have been making art since time has begun.

PV Kids News: Why did you like about art history?

Ms. Phinney: One of the reasons why I like to study art history is because I'm so amazed by artists and the wonderful things they make. I would be happy if I were an artist, but since I'm not an artist, it makes me happy just to study other people's art.

PV Kids News: What is the best thing about your job?

Ms. Phinney: Coming to talk to kids like you. That is my favorite part about my job – being in the classroom or having students come to visit me at the Art Center, but

anytime I can be with kids talking about art, I'm happy.

PV Kids News: How many art projects have you done?

Ms. Phinney: Hundreds. I've been at the Art Center for 13 years and before I came to the Art Center, I was a curator at a museum, and before I did that, I worked in another museum, so I've been doing this for a really long time.

PV Kids News: What is your favorite type of art to make yourself?

Ms. Phinney: When I am making art, I really like to use color pencils, because I like using and blending colors.

PV Kids News: What type of art have you taught?

Ms. Phinney: I've taught all different kinds of art. I've taught all of the Art-at-Your-Fingertips projects for the last thirteen years, and I've also done some artists in Residency programs. I also went to all the third grade classrooms [in Palos Verdes] a couple of years ago and taught students how to draw botanical art, and we made a sketchbook together.

I love teaching all kinds of art. I like teaching painting, sculpture, ceramics, and mixed. I don't know if I could tell you that I have a favorite art to teach, I just have a love for all kinds of art.

PV Kids News: Who is your favorite artist?

Ms. Phinney: I have two artists that are my favorites. One of them is Rembrandt and the other is Pablo Picasso.

PV Kids News: What type of art do you study?



Ms. Phinney: All types of art. But I'm actually a student too. I'm studying literature, music, philosophy, history, and all kinds of subjects, because I'm interested in all the different kinds of art forms.

PV Kids News: What do you do outside of the Art Center?

Ms. Phinney: Sometimes it feels like I live at the Art Center! But I'm just like your mom. I have four children; most of my children are grown up now, but I have one little boy who is still in elementary school; he is going to be a fourth grader next year. I do all the mom things. And I go to a lot of baseball games because my son loves to play baseball.

The PV Art Center has a lot of changing exhibits, so make sure you check back often. They are located at 5504 Crestridge Rd Rancho Palos Verdes, CA 90275 (310) 541-2479. The galleries are open from 10 am - 4 pm Mondays through Saturdays and 1 - 4 pm on Sundays. The Art Center is closed on Labor Day, ❖

Marine Scientist—Kiersten Darrow

By PV Kids News reporters

Have you every thought that it would be great to spend every day at the beach? That's what marine scientist, Dr. Kiersten Darrow, gets to do. We wanted to find out more about what she does as Research Director of the Cabrillo Marine Aquarium.

PV Kids News: What do you do as Research Director?

Dr. Darrow: My job is to manage the research lab, this is to make sure that the research is good research.

PV Kids News: Do you like your job?

Dr. Darrow: I do. I love my job. There are a couple of things that really make my job fun. I love that I get to work right on the ocean. I can see the ocean from my desk at work, and it's only a couple of minutes walk away, so that's not bad. I like that a lot.

I also love being able to work with animals all day long. I don't have just one animal to work with but have tons of animals all around me. I've got sea jellies right outside my office. I've got sea horses I can see from my desk—my baby seahorses, big seahorses.

What I love about my job is that there are so many different puzzles to solve. I always have to figure how can I make the animals better, how can I make them happier and more healthy, and how can I protect them more. Devoting my whole life to protecting animals and getting other people to learn about them—that makes me really happy. I could do that forever.

PV Kids News: Is your job fun?

Dr. Darrow: My job is so much fun. Right now some of my students

are out surfing, because they want to appreciate the ocean; that's not a bad job, right?! We do a lot of really fun things, like grow baby seahorses in the lab. The little tiny seahorses are a centimeter long, and we have to build tanks for them ourselves, so if you like to build things, we get to cut big pieces of metal and plastic to build the tank, put hoses into it, and measure how water flows before we put baby animals in it. We then see how they turn around and take them out to measure them—to see if they're growing. We also grow the food for them. Research is incredibly exciting; you get to touch things, build things, and you are constantly measuring to see how things are developing, and that's a lot of fun.

PV Kids News: What is the most favorite part of your job?

Dr. Darrow: Getting to do things like talking to school children and teaching in the docent program. It's neat to get to do research, but I'm excited because I get to do research and I also get to work with school children and get them excited about scientific research.

PV Kids News: What is your most exciting discovery at the Aquarium?

Dr. Darrow: Right now we're doing something that no one has done before. We're raising baby lobsters. Tiny lobsters. That's one thing I'm excited about, because no one has ever done this for this species. We're trying to study it as it grows, and we're collecting information about all the different stages of their growth, because they molt and completely change their bodies. It's amazing that we're looking through a microscope and seeing something that no one else has written down and published.



Dr. Kiersten Darrow

PV Kids News: How many animals are in the Cabrillo Marine Aquarium?

Dr. Darrow: We have thousands and thousands of individual animals and hundreds of species.

PV Kids News: Did you always want to help sea animals?

Dr. Darrow: I came to the aquarium, because I wanted to work with kids. I was so impressed that the aquarium was so focused on school children and on middle school and high school programs. I'm actually a neuroscientist by training, and I used to work at USC, teaching college classes. But what I really wanted to do was work with younger kids and teach them about science, and the Cabrillo Marine Aquarium does that really well, and it's very important to them.

When I came to the Cabrillo, I thought that I'd teach young students about science and about doing scientific research on how animals grow; along the way I fell in love with the ocean. ❖

Fashion Designer—Barbara Cambilargiu

By Faith, Maeva and Gabriela

Fashion is a hot issue for both boys and girls—even if boys don't always admit it. Getting the right style is important to all of us. Wouldn't it be great if we could design all our own clothes so we'd have exactly the style we wanted?

We talked to fashion designer, Barbara Cambilargiu to see what it takes to go into the fashion business. Ms. Cambilargiu is the vice president of Lily Bleu, a popular clothing line among celebrities and the rest of us!

PV Kids News: Did you want to be a fashion designer when you were a kid?

Ms. Cambilargiu: My mother taught me how to sew when I was very young. I became seriously interested around my senior year in high school.

PV Kids News: When did you first start making designs?

Ms. Cambilargiu: I started making my own patterns and creating things when I was in high school.

PV Kids News: What college did you go to be a fashion designer?

Ms. Cambilargiu: I received an AA degree at Brooks College which no



longer exists. I would recommend getting a business degree and one or two years at either Trade Tech or FDIM [Fashion Institute of Design & Merchandising].

PV Kids News: How long have you been a fashion designer?

Ms. Cambilargiu: I have been in the garment industry since 1980. I worked for several different companies over the years. I started my own company Lily Bleu with my partner 10 years ago.

PV Kids News: What type of clothes do you design?

Ms. Cambilargiu: We do children's sportswear and casual dresses. We also do some junior and missy contemporary sportswear.

PV Kids News: Where can you buy Lily Bleu clothes?

Ms. Cambilargiu: Lily Bleu has several labels including Jenna & Jessie (named after my daughter and my partner's daughter) which sells exclusively to Nordstrom. We still make 75% of our clothing in the USA! We have showrooms in NY and LA clothing marts and this is where we meet with buyers from stores all over the country to sell our line.

PV Kids News: Did you ever consider being something other than fashion designer?

Ms. Cambilargiu: I thought about being a social worker.

PV Kids News: What is the hardest design to make?

Ms. Cambilargiu: Evening dresses are the hardest to design, sew and fit.



Fashion Designer Barbara Cambilargiu

PV Kids News: What is the easiest design for a kid to make?

Ms. Cambilargiu: Make an apron from a woven fabric with lots of trims. You can also buy t-shirts and plain denim shorts or jeans and decorate them with trims. Trims are a very important part of many garments!

PV Kids News: What do you like best about being a fashion designer?

Ms. Cambilargiu: I enjoy the process of seeing something you sketch become an actual garment. It is also still exciting to see someone wearing my styles!

PV Kids News: What do you like least about being a fashion designer?

Ms. Cambilargiu: It is a very tough and competitive business and can be depressing when business conditions are tough and things do not sell at the store level. If you don't have thick skin, this is not the business for you! ❖

Bar Codes Like You've Never Seen Before

By Naoya O.

QR Codes, or Quick Response Codes, are barcodes which are primarily intended as a direct link to a website using a compatible cell phone as a scanner. They also have many other uses, such as to board a plane. In that case you would use a barcode instead of using a magnetic strip.



The Japanese company Denso-Wave developed the QR Code in 1994 with the intention that it would quickly respond to the phone. The phone would then launch the action specified inside the code.

QR Codes have data in both the

height and width of the code. It's perfect for people who want to save space, because a lot of information can be stored in QR codes instead of on paper. Another benefit of the code is that data may be restored if the code is ruined.

On a recent trip to Japan, I saw QR Codes being used everywhere. In the U.S., it is not as commonly used, but I know it will be more popular in the future. ❖

Rappelling

By Spencer C.

Rappelling is not a competitive sport. A guide takes you to a canyon with cliffs. The guide will hook you in a harness and attach a rope to the top of the canyon. Here comes the scary part, the guide releases you, and you climb down the cliff backwards.

Our family went rappelling in St George, Utah over spring break. It felt scary at first but then it was pretty easy. The place we went was a canyon with steep cliffs and hills.



If you are interested in doing it, start at a rock climbing gym. Then find a guide to take you to a canyon or cliff. Make sure the guide has a good safety record.

Have fun! ❖

How to Write an Art Review

By PV Kids News reporters

Have you ever looked at a painting, drawing or sculpture and knew that you either liked it or didn't like it, but found it hard to describe? Gail Phinney of PV Art Center gave the PV Kids News staff a lot of great tips on how to write an art review.

Research the artist

If you are in an art gallery or museum, there usually is a label by the artwork that gives information about the artist. You can use this information in your review.



Continued on page 19

Back to School Fashion for Girls

By Faith K.

Kids are going back to school soon and something that is important part of it is fashion. No jumpers, no overalls. Leggings with a “peace out” shirt is good. Long sleeves with short are good too. You see, how you dress matters on your first day back to school.

If you are wearing jeans, they have to have holes in them. Looks so good with any top. If your mom says you can't have holes in them, beg her. If she still says no, then plains jeans are o.k. too.

With plain jeans, short sleeves look way better except if you are wearing long sleeves from Abercrombie



and Fitch. A skirt with brown leggings look cute with a tan jacket and a brown tank top.

Fashion can be different for everyone. You can wear anything and it is a fashion statement from you. Whether it is funky, awesome, pretty, ugly, it is a fashion statement from you.

No one can take away or say something about it because it is your style. So this fall, when you go back to school, say what you want with what you wear. It is your choice and what you wear will tell everyone a lot about you.



For more information about what to wear, a good website to visit is www.coolfashions.com. ❖

Oh Thank Heaven for 7-Eleven!

By Jason L.

The convenience store 7-Eleven is famous for Big Gulps and Slurpees, but did you know they also have pre-made sandwiches, subs, and wraps? 7-Eleven has over ten different varieties of great-tasting sandwiches, subs, wraps, and they are always introducing new ones. One of their newest sandwiches is the Southwest Turkey Sandwich with smoked turkey, jack cheese, lettuce, and southwest mayo on wheat bread. I love that sandwich, but my personal favorite is the Ham and Swiss. My family also likes Turkey with American Cheese, Egg Salad, and Tuna Salad. The sandwiches are great, because they

are fresh, fast, and inexpensive. Prices range from \$2.99 to \$4.99. So the next time you go to 7-Eleven, try a sandwich with your Big Gulp!

There are many 7-Elevens, but I like to go to the one at 837 S. Gaffey in San Pedro. Their phone number is 310-548-3815. ❖



The Last Olympian

By Joshua R.

The *Last Olympian* by Rick Riordan is about the Greek Gods and a brave boy, named Percy Jackson who has to save Mount Olympus. There are five books in the series; *The Lightning Thief*, *The Sea of Monsters*, *The Titan's Curse*, *The Battle of Labyrinth*, and *The Last Olympian*.

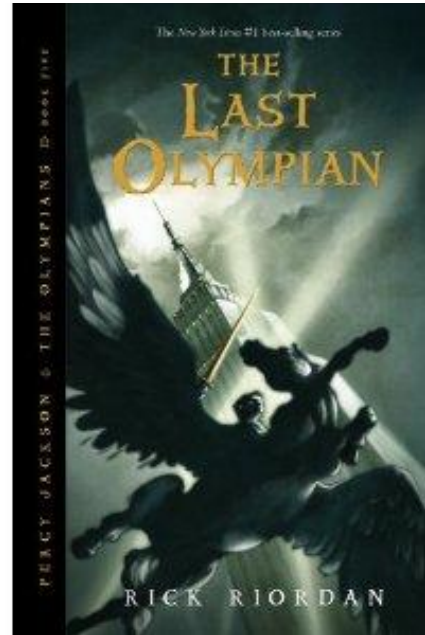
In the last book, Percy Jackson has to face a prophecy that is either going to save or destroy Mount Olympus. It is located above the Empire State Building in Manhattan, New York.

My favorite character is Percy Jackson because he is brave and is the son of Poseidon, the water God. Percy's friends, Annabeth, Grover, Thalia, Nico, and all the other

demigods from Camp Half Blood Hill join forces to help save Olympus and fight against the evil titans. Their leader is Kronos.

The reason why I liked this book is because it talks about Greek Gods and their history. Another reason why I found this book so interesting is because all the kids are brave and mysterious demi-gods. Each one has a story behind their life and I found it so interesting. *The Last Olympian* is my favorite of the five books because the ending surprised me a lot. I think it is the best book ever.

I would recommend it to all boys and girls from elementary and middle school and hope they enjoy it as much as I did. ❖



Little House in the Big Woods

By Mary O.

The book *Little House in the Big Woods* by Laura Ingalls Wilder is about Laura and her family. The story takes place in Wisconsin in 1871. The family lives in a log cabin in the woods.

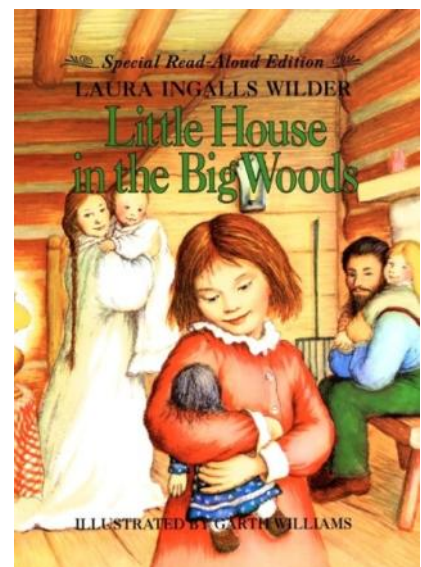
Laura is the main character, the author, and my favorite one. She is my favorite character because she is the middle sister just like me and I can relate to her. Laura is funny with her father when he plays the fiddle. Laura is also cute and funny on her own .



Laura Ingalls Wilder

I liked how this story is true and interesting. It was interesting because you were able to read about life back then with no cars, computers, cell phones, telephones and more. It was also true because it was about Laura's life growing up. The story was also fascinating because at Christmas there were exciting things happening.

I think that the book was great because it was happy, interesting, and neat. I think that girls between 8 and 12 would mostly like it because it is about a girl. ❖



Beezus and Ramona—The Book

By Claire K.

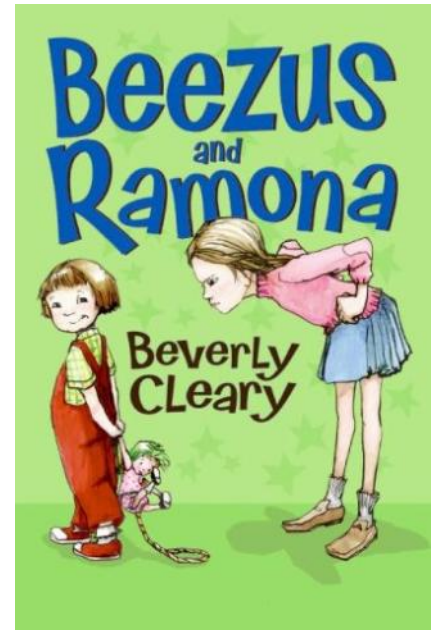
Beezus and Ramona was written by Beverly Cleary. The book is about Beezus's little sister who is a pest, named Ramona. Ramona gets into a mess of trouble in this book, including writing in library books, sticking dolls in Beezus's cake, and many other funny but strange things.

Most of the action in this book takes place at Beezus and Ramona's home, and while Beezus is a great character, Ramona has

to be my favorite. She is a wonderful character because she had a ton of imagination and she is very fun to read about.

I love this book because it is a very funny book, and it teaches you to be nice to your siblings. Even if they don't seem to like you at the moment, they probably really love you a ton.

This is a very fun-filled and funny book that I would recommend to everyone. ❖



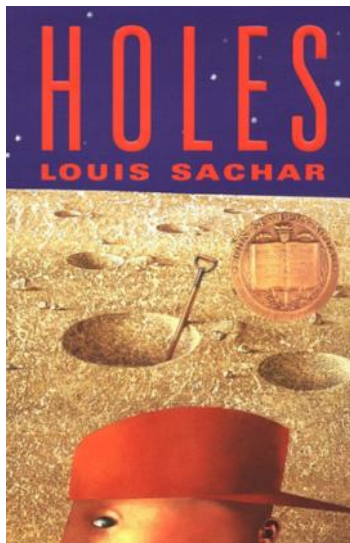
Ramona and Beezus—The Movie

By Gabi C.

Ramona and Beezus is rated "G." It is a very funny movie for families including children ages four and up. In the beginning, Ramona the youngest, goes to school and she uses her imagination

but it gets her in to trouble. And at home she tries helping around the house, but Beezus, the older sister, takes advantage of Ramona.

Ramona and Beezus is in theaters at the Peninsula mall. ❖



A Camp in the Desert

By Lucas D.

Heat, action, and shovels are all in the book, *Holes*, by Luis Sachar. The book is about a boy named Stanley whose family was cursed by a gypsy and ever since suffered bad luck. Stanley is sent to Camp Green Lake for stealing a

pair of shoes—which he didn't take. At the camp he has to dig holes with the other boys, and there is a mystery that he and the other boys uncover.

The book is a lot of fun to read, and I highly recommend it. ❖

Alice in Wonderland

In Tim Burton's movie, *Alice in Wonderland*, based on the book by Lewis Carroll, Alice falls into a rabbit hole that leads her to Wonderland. There she meets the Mad Hatter, the March Hare, the Door-mouse, the Fat Boys (Tweedledum and Tweedledee), the White Rabbit, and other friends.

When the Red Queen finds out that Alice is destined to destroy her Jabberwocky, she tries to kill Alice. The Cards kidnap the Mad Hatter (played by Johnny Depp) in his attempt to save Alice. She journeys to the Red Queen's palace and frames herself as a person named Um.

When the queen's henchman discovers that Um is really Alice, the hatter AGAIN saves Alice and tells her to take the Vorpal sword to the White Queen, the Red Queen's sister (Anne Hathaway). The Red Queen loses her temper and demands a war where Alice fights the Jabberwocky. To find out what happens, you need to see the movie!



By Rachel H.

Alice in Wonderland, the movie, is directed by Tim Burton and stars Johnny Depp as the Mad Hatter. This story is about a girl, Alice, who returns to Wonderland and meets her old friends, including the White Rabbit, but must defeat the dreaded dragon in order to go home.

In my opinion, everyone would greatly enjoy this movie. It is now out on Blu-ray and DVD, and I would give it five out of five stars! This is the perfect dramatic comedy.

By Maeva C.

How to Train Your Dragon

By Ashley H. and Chloe C.

The movie *How to Train Your Dragon* (directed by Dean DeBlois and Chris Sanders) is based on the novel by Cressida Cowell. This movie includes tons of animation, adventure, and is a lot of fun to watch.

The story is about a young Viking named Hiccup (Jay Baruchel), son of the Viking tribe's chief, Fish-

legs (Christopher Mintz-Plasse). Hiccup is exactly the OPPOSITE of what is expected of a good Viking. He dreams of killing a dragon to prove himself to his dad, to a female Viking named Astrid (America Ferrera), and to the rest of the village that he is a true Viking. One day, he finds a young dragon named Toothless. Hiccup



cannot bear to kill the young dragon so instead he tries to ride him and make the dragon his pet, which is forbidden. When his father finds Toothless he plans to kill the dragon, and it's up to Hiccup and his friends to save Toothless.

Will Toothless be saved or slayed? Watch this amazing movie to find out! ❖

The Hobbit—It Will Blow Your Mind Away!

By Anthony William Karambelas

This fantastical, brilliant, and creative animation successfully complements J.R.R. Tolkien's highly inventive novel, *The Hobbit*. If you like magic and the mystical, then you'll love this movie. This story encompasses loyalty and friendship with a touch of compassion. It shows

how friends, in life, can really be valuable. Under the Hill, in the Shire, totally unadventurous Bilbo Baggins embarks on a journey of extreme danger, all of which requires the ultimate bravery. Bilbo initially has no choice but to ac-



cept his challenges, and is almost condemned in this treacherous but inspiring adventure. I leave it to you to join the poor little hobbit, and undergo this fun-filled quest. ❖

Super Mario Galaxy Two—A Video Game for Everyone

By Marcus E.

Super Mario Galaxy Two is a video game by Nintendo, and it's for the Wii. This is a really fun game that has a lot of cool characters. Also, did I mention the soundtrack? In Super Mario Galaxy Two, there are a total of forty-nine galaxies in the cosmos. That may be true, but out of all the galaxies, my three favorites are Honeybloom Galaxy, Freezy Flake Galaxy, and Flash Black Galaxy. In the Honeybloom Galaxy you get to bounce between grapes, jump walls of extreme

height, swing on vines, and best of all, you can fly with the bee mushroom! In the Freezy Flake Galaxy you experience snow, snow, and more snow. You must seek out the



fire flowers and rock mushrooms to get the power stars. The Chimp is in this galaxy, and wants to challenge Mario in skating. In Flash Black Galaxy, everything is pitch black, but every few seconds lightning strikes. To beat the game, you have to collect one hundred twenty power stars and grand stars, and one hundred twenty green stars. I am in the "Special World" and still need one hundred twenty-three stars to go. I recommend this game for everyone! ❖

Super Smash Bros. Brawl

By Elijah D.

BAM! You're playing a video game, but it's not just a regular video game, it's Super Smash Bros. Brawl. This fantastic game has all of the different characters from all different places. You name it, and they are all there! You can pick from more than fourteen characters like Mario, Ike, Captain Falcon, and

many more. You can also pick different characters and enter them into a tournament. A tournament is when twenty-one players face another to win. The objective of the game is to battle different people with different powers and weapons and to win. The best part of the game is winning because it make



you feel happy and proud. Nintendo made a terrific game for Boys, or even Girls, for ages 9 to 20. Pick it up now at your local Gamestop store! ❖

Mario Kart Wii is a Winner

By Joshua R.

This game can only be played on the Wii. If you have a Wii, you'll definitely like this game.

In the game, first you have to pick a character; then you pick a car that goes with the character. Then if you win all the cups, you

can choose which track you would like to race on. My favorite car is the Wario Bike, because it is one of the easiest cars to get first place with. The best part of



this game is that, if you win a race, you get a trophy.

I think boys and girls would both enjoy this game from the ages of six to sixteen! ❖

Cabrillo Marine Aquarium

Continued from page 1

one of the worst things for the ocean because it takes too long to fall apart. Things like paper or wood fall apart easily and biodegrade, so they're not as dangerous as plastic.

PV Kids News: How can kids help the ocean?

Dr. Darrow: Kids can help the ocean by not polluting. Don't drop litter and pick up litter when you see it. If you see a plastic bag floating by, grab it, and put it in the trash. You can recycle, and if everyone did that, recycling, it would take a lot of pressure off of landfills and dumps. The recycled materials go to factories where they can be broken down and used again.

Other things you can do is talk to your friends. If enough of you are talking to other people about how important it is to recycle and pick up trash, then eventually everyone will get the message.

PV Kids News: What can kids do to recycle to help the environment?

Dr. Darrow: Start at home, make sure you talk to your parents about recycling. Then you can tell other people you know, like your relatives and friends. Make sure that paper is recycled so it can be reused, and furniture can be recycled again too. If someone is tearing apart an old cabinet, the wood can be recycled. When you're in school, make sure your friends and teachers know about recycling.

PV Kids News: How can kids get involved in with California Marine Life Protection Areas?

Dr. Darrow: The best thing you can do is to learn about them so that you can use them. Marine Protected Areas (MPAs) are going to be those beaches and coastlines that you go to with your families so I would recommend going to the California Department of Fish and Game website—that's the agency enforcing the MPAs. They lay down all the rules, so if you go to their website, you'll learn all about them

and know which tide pools off the PV coast are protected.

PV Kids News: Can pollution get in the tidepools?

Dr. Darrow: Yes it can, definitely. We have a lot of students who do research on our tidepool animals. We look at animals in the tidepools, and we try to find out what kind of solutions might affect their growth or survival.

The way that most of the pollution is going to reach the tidepools is through the storm drains, so storm drain are really important. There is often a lot of oil runoff on streets, and when it's raining, it goes down the storm drain. When people wash their cars, they think it's okay to put soap down the drain, but it's not a drain to a water treatment plant—it goes right to the ocean so it's dangerous and animals in the tidepools are really being affected.

PV Kids News: How does the Cabrillo Marine Aquarium help the planet?

Dr. Darrow: Our number priority is education, so the most important thing to the Cabrillo is that we can tell other people how not to pollute, how to learn about Marine Protected Areas, and how to learn about watershed. We figure that if we can reach enough school children coming through the Cabrillo and if we can train more educators to spread the word, then we'll spread the message by word of mouth and teach people to understand the affect that their actions have.

The Cabrillo Marine Aquarium is located at 3720 Stephen M. White Drive, San Pedro, CA 90731 (310-548-7562). It is open Tuesday to Friday, from noon to 5 pm, and on weekends from 10 am to 5 pm. It is also closed on major holidays. ❖



Dr. Kiersten Darrow with the staff of PV Kids News and PressFriends

Kevin Moen

Continued from page 1

PV Kids News: Why did you become a football player?

Mr. Moen: Growing up, I always loved football and played it in with my brothers and dad. When I was in high school, I was given the opportunity to play at Berkeley, at Cal, and they offered to pay for my college and to let me continue playing. It was something I enjoyed when I was young, and now I'm helping out at the high school coaching, so I'm still involved with football.

PV Kids News: What is the best thing about being a football player?

Mr. Moen: Football is a game that brings a lot of guys together. There is a great camaraderie with football; it brings a lot of guys together. You work hard, you sweat, you get hurt—all those things but there is not a game like it that brings that camaraderie to a group of guys playing a sport.

PV Kids News: What is the worst thing a football player can do in a game?

Mr. Moen: The worst thing a football player can do in a game is probably fumble the ball; that means you turn over the ball to the other team. The other thing is when you drop an important pass.

PV Kids News: What do you like least about playing football?

Mr. Moen: Sometimes you get hurt. When you play a game where you run into each other a lot, sometimes you get hurt and that's the part that is not very fun.

PV Kids News: What do you like to do in your free time? I like to spend time with my family, but I also like to go hiking, go to the mountains, and go fishing. If I were to say one thing, it would be relaxing at home with my family.



Kevin Moen with PV Kids News' staff and PressFriends mentors

PV Kids News: Did you play sports other than football?

Mr. Moen: Growing up, I played basketball, soccer, baseball, dodge ball, kickball, and any game with "ball" in it, because we didn't have Nintendo and video games like kids do now. Our pastime was to go get a group of friends and go to the park and play something. We didn't do a lot of sitting around the house because if you sat around the house, your parents put you to work either mowing the lawn or pulling weeds.

PV Kids News: Did you want to be anything other than a football player or work in real estate?

Mr. Moen: I taught history at the high school level for several years and that was fun, but then I ended up getting into real estate. Now if there was something that I'd really like to do, it would be to own a farm and just have some animals. My daughter and wife really like horses, so if I were to do something other than football and real estate,

it would probably be to be a farmer or something like that.

PV Kids News: Is it hard being a football coach?

Mr. Moen: Yes, coaching is hard. At Pen (Peninsula High), we've now got 80 kids on our team and anytime you try to coordinate 80 kids doing the same thing it's tough. You have 11 guys on each side, and they all have to know what they are doing to make it all work.

Coaching can be hard, but it's also very fun, as well as challenging, because the group of kids now at the high school are very hard-working, try really hard, and they want to win.

PV Kids News: What do you like to do to celebrate a win?

Mr. Moen: To celebrate a win, it's fun to go out to a restaurant with your coaches or buddies and talk about the game. When you win, it's pretty exciting but it's also pretty exhausting, and after dinner with the team, I head for bed. ❖

Palos Verdes Peninsula Land Conservancy

Continued from page 3

us. Get out and enjoy the peninsula's preserves and become acquainted with the plants and animals there. Then, you can share your knowledge and experience with someone and inspire them to care about nature too. The more people that care about nature, the greater chance we have of keeping natural areas open for years to come.

PV Kids News: What do you think about people who want to cut down trees because of their view?

Ms. Bosler: It is unfortunate that in some cases, someone's view from their home takes higher priority than the tree blocking that view. "View-sheds" are a costly premium for expensive homes here on the peninsula. Cutting down trees should be a last resort because they

provide important natural resource. If a tree must come down, then it should be removed outside of nesting season. The Migratory Bird Act mandates that all trees should not be cut down between February 15th and September 15th to ensure that birds are able to build nests and raise their young successfully.

PV Kids News: How can we help save our native plants?

The Migratory Bird Act mandates that all trees should not be cut down between February 15th and September 15th to ensure that birds are able to build nests and raise their young successfully.

Ms. Bosler: Volunteering is the best way to save native plants. By getting involved with events, like PVPLC's Saturday Outdoor Volunteer Days, you can help restore native plant habitat by participating in plantings, removing non-native plants, and working in the nursery.

PV Kids News: What types of programs does PVPLC have for kids?

Ms. Bosler: Youth are welcome to participate in Outdoor Volunteer Days held every Saturday from 9:00 am to noon. Also, George F. Canyon and White Point Nature Preserve both have nature centers that offer fun activities and nature walks aimed at getting kids involved. Check out our website to learn more about the PVP Land Conservancy (go to www.pvplc.org). ❖

Marine Mammal Care Center at Fort McArthur

Continued from page 3

hospital. It depends on what their injury is. If we have a patient with a broken flipper, they will get a splint; if we have a patient that is sick or has an infection, they will get some type of ingestible medicine

PV Kids News: When the marine mammals get better, do you put them back in the ocean?

Ms. Romano: Yes we do! They can go back home after they are done being treated. Although, there are certain cases when animals cannot be released back into the wild. If the veterinarian decides an animal's injury will prohibit it from thriving on its own in the wild, we will look for



a home to place it—zoo, aquarium. An example of this would be if the animal is blind. We currently have a blind male sea lion that does great in captivity, and will be placed in a home sometime this year.

PV Kids News: What can kids do to help at the Marine Mammal Care Center?

Ms. Romano: Even though you must be 18 years old to volunteer at the Care Center, there is a lot kids can do! Since we are 100% non-profit, we depend on community support through donations. We have had donations come in lots of creative ways—for example, through local kids groups, friends,

and birthday parties gathering Wish List donations. Some groups even set up tables outside of Costco or Sam's Club, or other grocery stores to hand out Wish Lists to shoppers and have them drop their donation when they leave the store. We have also had lots of kids set up lemonade stands to raise money, and we even had a group of girls make and sell jewelry to raise money! Kids can also organize beach cleanups, since this really helps keep the trash out of the water our marine mammals live in.

The Marine Mammal Care Center is located at Fort MacArthur, 3601 S. Gaffey Street, San Pedro, CA—www.marinemammalcare.org. The phone number is 310-548-5677, and it opens daily from 10 am to 4 pm.❖

Audubon Society

Continued from page 3

PV Kids News: How many people from the Audubon Society are helping out in the Gulf region?

Ms. Miller: Dozens of Audubon staff in the region are helping with our oil spill response. In addition, thousands of volunteers signed up to help from around the country. But you can help birds affected by the spill even if you don't live near the Gulf Coast. Many of the birds are migratory species and spend time elsewhere in the country – so if you can help improve the habitat near you, you can help make sure birds have healthy places to live and eat when they're not in the Gulf. Consider volunteering to help at a local Important Bird Area (see

<http://ca.audubon.org/iba/> for Important Bird Areas in California), park, or green space near you.

PV Kids News: Has the Audubon Society helped out in other disasters?

Ms. Miller: Yes...in fact, staff from the Richardson Bay Audubon Center responded to an 800,000 gallon spill in the San Francisco Bay in 1971. And current Audubon staff were oiled bird collectors in the 2007 Cosco Busan Spill, which dumped 60,000 gallons into San Francisco Bay.

PV Kids News: What are some of the other projects that the Audubon Society is working on?



Ms. Miller: We are working on habitat conservation and restoration around the country. In California, we have programs working with kids to restore wildlife habitat along rivers, for example. We are also working with policy-makers to try to reduce our dependence on fossil fuels—like the oil which caused the Gulf disaster in the first place. And we have nature centers around the country where kids and their families can learn about nature and how to protect it. ❖

Palos Verdes Art Center

Continued from page 10

Besides using the label information, you can look for information in books or on reliable websites (like the ones available through the Palos Verdes Library District).

Analyze the media and design

Describe the media in your review. Is it a painting, drawing or sculpture? What kind of materials and methods did the artist use?

What is the focal point of the artwork and how did the artist draw your attention to the focal point? Ms. Phinney pointed out how artists give life to an art piece in many ways, such as using lines, shapes, forms, space, textures, and patterns.

Analyze your feelings

Your review can also tell how you feel when you view the piece of art. Does it make you feel good? Calm? Happy? Warm? Cold? There is never a right answer, so give it a

try. If you want to write an art review for the next edition of *PV Kids News*, you might want to select one of the pieces on display at the PV Art Center at 5504 Crestridge Rd in Rancho Palos Verdes. ❖



Gail Phinney, Education Director for the PV Art Center, with PV Kids News staff and PressFriends

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Los Compadres

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PressFriends is a non-profit group of middle and high school students who work with higher need elementary schools, helping them start and run their own student newspapers. PressFriends also provides workshops and guidelines to other schools interested in the PressFriends program.

In addition to PressFriends' school programs, PressFriends and the Palos Verdes Library District co-sponsor an annual summer newswriting camp and *PV Kids News*, a kids' community newspaper.

If your school is interested in the PressFriends program or if you are interested in submitting an article to *PV Kids News*, please contact us at info@pressfriends.org. For more information on PressFriends, check out our website at www.pressfriends.org.

PressFriends—Making Friends, While Making Writing Fun!

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